

The 72

Discipleship for Kingdom Believers and Leaders

Lesson: Praying in the Holy Spirit

Class Notes

December 14th, 2021

1 Introduction

- Prayer is hard because we make it a _____ to produce miracles and the supernatural.

- Our approach to scripture can make prayer even more difficult.
 - **Mark 9:28–29 (NKJV) — 28** And when He had come into the house, His disciples asked Him privately, "Why could we not cast it out?" **29** So He said to them, "This kind can come out by nothing but prayer and fasting."

 - We can interpret this in one of two ways: *prayer as a _____* or *prayer as a _____*.

- *Prayer as Work* produces deceptions about prayer.

- Once a religious spirit is entrenched, we frame prayer in a 21st century scientific method.

- Prophetically speaking, why do we need this teaching on prayer?

2 You need prayer because of how you were designed.

- **1 Thessalonians 5:23 (ESV) — 23** Now may the God of peace himself sanctify you completely, and may your whole spirit and soul and body be kept blameless at the coming of our Lord Jesus Christ.
 - Paul describes your whole being as spirit, soul, and body.
 - Spirit = that part of you that gets “reborn” and “sits in the heavenlies.” (**John 3:5-8; Ephesians 2:6-7**)
 - Soul = that part of you that makes you an individual; the seat of your will and personality.
 - Body = that part of you that interfaces with this reality.
- Based upon the context, Paul is talking about a lifestyle of prayer and worship.

3 Prayer is the whole of your being entering the realm of the Spirit.

- God never barges into your life!
 - Consider Jesus—**John 5:19**
- Prayer is a conscious choice to let God in and to go where He's moving.
- Prayer is a door—it's the place of access to another realm.
 - **Revelation 3:20–21 (ESV) — 20** Behold, I stand at the door and knock. If anyone hears my voice and opens the door, I will come in to him and eat with him, and he with me. **21** The one who conquers, I will grant him to sit with me on my throne, as I also conquered and sat down with my Father on his throne.
 - **John 14:25–26 (ESV) — 25** “These things I have spoken to you while I am still with you. **26** But the Helper, the Holy Spirit, whom the Father will send in my name, he will teach you all things and bring to your remembrance all that I have said to you.

- **Romans 8:26–28 (ESV) — 26** Likewise the Spirit helps us in our weakness. For we do not know what to pray for as we ought, but the Spirit himself intercedes for us with groanings too deep for words. **27** And he who searches hearts knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God. **28** And we know that for those who love God all things work together for good, for those who are called according to his purpose.

 - **Luke 24:49 (ESV) — 49** And behold, I am sending the promise of my Father upon you. But stay in the city until you are clothed with power from on high.”

 - **Ephesians 6:17–18 (ESV) — 17** and take the helmet of salvation, and the sword of the Spirit, which is the word of God, **18** praying at all times in the Spirit, with all prayer and supplication. To that end, keep alert with all perseverance, making supplication for all the saints,
- 4 **Pray because it's who you are and who you are becoming.**
- What did The Disciples see that would prompt them to ask, “Teach us how to pray?” (**Luke 11:1**)

 - Jesus' response to the Disciples was very natural and simple.
 - **Matthew 6:9–13 (ESV) — 9** Pray then like this: “Our Father in heaven, hallowed be your name. **10** Your kingdom come, your will be done, on earth as it is in heaven. **11** Give us this day our daily bread, **12** and forgive us our debts, as we also have forgiven our debtors. **13** And lead us not into temptation, but deliver us from evil. (For yours is the Kingdom, and the power, and the glory forever. Amen.)

 - Jesus was not giving us a form of prayer with bullet points, but _____ of prayer that release power and heaven's purposes.

 - Praying the Lord's Prayer (in the Holy Spirit) is accessing dimensions that are hidden to the world!
 - **Matthew 11:25–30 (ESV) — 25** At that time Jesus declared, “I thank you, Father, Lord of heaven and earth, that you have hidden these things from the wise and understanding and revealed them to little children; **26** yes, Father, for such was your gracious will. **27** All things have been handed over to me by my Father, and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. **28** Come to me, all who labor and are heavy laden, and I will give you rest. **29** Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. **30** For my yoke is easy, and my burden is light.”

5 The Lord's Prayer – 10 Dimensions of Prayer

- (1) _____
 - Pray into your relationship with the Father.

- (2) _____
 - Pray into our hope in heaven.

- (3) _____
 - Pray into everything that comes by the authority of Jesus' and God's name.

- (4) _____
 - Pray into every manifestation of God's authoritative reign.

- (5) _____
 - Pray into the will of the Father.

- (6) _____
 - Pray into God's "daily" provision.

- (7) _____
 - Pray into God's love.

- (8) _____
 - Pray into defensive and offensive strategies against the schemes of the enemy.

- (9) _____
 - Pray into the deliverance from the enemy's grip.

- (10) _____
 - Pray into worship.